Castlebrook Counseling Services, Inc.

Now Accepting Clients at Our New Location

182 Turnpike Road (Rt. 9), Suite 101, Westborough

Services Provided:

Individual Therapy for Children, Adolescents, and Adults

Family Therapy

Couples Therapy

Art & Expressive Therapy

Group Therapy for Children & Teens

Dialectical Behavior Therapy (DBT) for Adolescents

Cognitive Behavioral Therapy (CBT)

Hypnosis for Anxiety, Stress Management, Weight Loss, Fertility Issues

Specialties include:

ADHD

Adjustment Issues

Anxiety & Panic

Borderline Personality Disorder

Depression

Chronic Illness

Depression

Family Conflict

Grief & Loss

LGBTQ

Life Transitions

Mood Disorders

OCD

Parenting Support

Self-Harming Behaviors

School-Related Issues

Stress Management

And More…

Contact us at (508) 475-9110

www.castlebrookcounseling.com